



# Abiko

September 1, 2024

Excerpts from the Newsletter issued by Abiko City [Tel: 04-7185-1111](tel:04-7185-1111)

## Your Courage Can Save Someone’s Life

**The survival rate is nearly zero within 10 minutes of cardiac arrest if no action is taken**

AED (Automated External Defibrillator) is a life-saving medical device that anyone can use. Using an AED increases survival rate by 7.6 times and the social reintegration rate by 12.9 times after one month, compared to no life-saving treatment.

Treatment Before Emergency Medical Services Arrived	One-month Survival Rate	One-month Social Recovery Rate
No Treatment	6.6%	3.3%
Life-saving Treatment (Without AED)	9.9%	6.2%
Life-saving Treatment (With AED)	50.3%	42.6%

Source: Fire and Disaster Management Agency, “2023 Current Status of Emergency and Rescue Services” (2022 data)

Approximately 250 AEDs are installed in Abiko City. Do you know where they are? The information on the locations is on the city’s website. 43 AEDs are available 24 hours a day at places like convenience stores (as of August 21). Please check the locations so that you can go and get one quickly in case of an emergency.



▲ City Website (AED Installation Places)

Inquiry: Tel: 04-7181-7701, Fire Department Prevention Section

## Kohokudai Administrative Service Center Relocated in September

Current Kohokudai Administrative Service Center is open until September 10 (Tue). The Administrative Service Center will be relocated and reopen near the south exit of Kohoku Station on September 19 (Thu).

Inquiry: ext.316, Civic Section

## Takeuchi Shrine Annual Festival (September 14<sup>th</sup>-16<sup>th</sup>)

Takeuchi Shrine Festival originally started in the Kyoho period of the Edo era. The shrine's portable shrine and children's portable shrines and floats from 5 communities will parade along the approach to the shrine. This is the largest festival in Abiko City, which conveys the history of prosperity in Fusa area. This festival is designated as a city's cultural property (intangible folk property).

On the first day, the shrine's portable shrine will climb down the steep stone steps of the Takeuchi shrine and parade with other portable shrines and floats from the communities.

On the final day, all the portable shrines and floats will gather in the parking lot of GRAND KITCHEN NARITAYA FUSA store for a joint performance.

Inquiry and further information: 080-1091-4757 (Mr. Otsuka, Festival Head Quarters)  
※Traffic restrictions will be implemented along the route 356 during the festival.

## Childcare Support Festival

Childcare support festival will be held at Ito-Yokado Abiko Minami-guchi Store

Time and Date: 10:00 – 14:30 Saturday, September 21

Place: Ito-Yokado Abiko Minami-guchi Store

Many enjoyable events are waiting for you, including making small toys, collecting stamps at spot places in the store, performances on the stage, and experiences of riding on a patrol car, a mobile police station, an ambulance and a fire engine.

The riding-on event will be held in front of Keyaki Plaza.

Riding on a patrol car and a mobile police station are available from 10:30 – 12:00.

Riding on an ambulance and a fire engine are available from 13:00 – 14:30.

However, the outdoor events will be cancelled if it rains.

Inquiry:04-7185-1915, 10:00 – 17:00 from Monday to Friday, Child Support Center

## Child Allowance System Revised in October

Main Changes in Child Allowance

1. Extension of the payment period: The payment period is extended to the first March 31st after the child reaches the age of 18.
2. Abolition of income limits: Income limits are removed.
3. Increase in allowance for the third child and beyond: The allowance for the third child and subsequent children is increased to ¥30,000 per month.
4. The allowance will be paid 6 times per year.
5. The period of eligibility to be counted as a child is extended until the first March 31 after the child reaches the age of 22 (in case the child is taken care of by a guardian).

\*Information on the procedure was sent to eligible households at the end of August.

Inquiry: Ext. 347, Child Support Section

### Individual Number Card Services on Weekends (Issuance by reservation only)

Call the Civic Section at 04-7185-4326 (8:30 ~ 17:00 on weekdays except national holidays) for a reservation by the day before.

Dates and Hours	Reservation will be accepted
September 28 (Sat) 9:00 ~12:00	From 9:00 on September 11 (Wed)

Location: Civic Section (Abiko City Hall, 1F)

Services: Application (reservation not required) and Issuance (reservation required) of Individual Number Cards, etc.

Requirements: notification card, 2 kinds of your ID (residence card, special permanent resident certificate, driver's license, health insurance card, bank passbook, etc.)

### Advisory Services- September, 2024 \* Reservation required

Item	Date/Time	Location	Contact
Legal Advice	Sep 5, 12, 17, 19 and 24 9:30 ~ 15:30	Civic Consulting Room, 2F, Abiko City Hall Or by telephone	Secretarial Section * Tel: 04-7185-1714 Call for an appointment
Daily Life Advice	Weekdays (except national holidays) 8:30 ~ 17:00	Social Welfare Section West Annex 2F	Social Welfare Section Ext.394
Child Matters in General	Weekdays (except national holidays) 8:30 ~ 17:00	West Annex 1F	Child Consulting Section Tel: 04-7185-1821
Domestic Violence	Weekdays (except national holidays) 8:30 ~ 17:00	West Annex 2F	Support Office for DV Social Welfare Section Tel: 04-7185-1113
Consultations for Foreign Residents	Sun, Mon, Tue, Wed, Fri, Sat (except national holidays) 10:00 ~ 16:30	AIRA Office Abiko Civic Plaza	E-mail: info@e-aira.jp Tel: 04-7183-1231 Leave your name & phone number, and a counselor will call you back later.

### Public Health Care Center Programs – April, 2024 Tel:04-7185-1126\*

Item	Date	Eligibility
Welcome Baby Classes	Sep 7, 14 and 21 (Sat) Reservation required*	Expecting women of 20 weeks or over, and their family

Consultation for 4-month-old children	Sep 3 and 10 (Tue)	Children born in Apr, 2024
Health Checkup for 18-month-old children	Sep 5 and 12 (Thu)	Children born between Jan 27 and Mar 2, 2023
Dental Checkup for 2-year and 8-month-old children	Sep 19 (Thu)	Children born in Jan, 2022
Health Checkup for 3-year-old children	Sep 5 and 12 (Thu)	Children born between Jan 17 and Mar 1, 2021
Dental Checkup for 5-year-old children	Sep 19 (Thu)	Children born between Aug 2 and Sep 5, 2019
Baby Food Class for 4 to 6-month-old babies	Sep 27 (Fri) Reservation required*	First 30 applicants (parents)
Baby Food Class for 8 to 9-month-old babies	Sep 11 (Wed) Reservation required*	First 20 applicants. Children born in Dec, 2023

## — Urgent Health Care Consultations —

### 1. Sudden Illness at Night or on Holidays: hospital introductions

Call Fire Station at 04-7184-0119. They will advise you of an appropriate holiday/night-time emergency hospital or pediatrician. Before going there, talk with the hospital on the phone about your sickness or injury. In urgent cases, call 119 for an ambulance.

### 2. Child's Sudden Illness at Night: telephone consultation with a nurse

Call #8000 or 043-242-9939 Hours: 19:00 ~ 8:00 next day A nurse will advise you about the care to be taken for your infant/child.

### 3. Sudden Illness at Night and Holidays: telephone consultation with a nurse

Call #7119 or 03-6810-1636. Hours: weekdays and Saturdays 18:00 ~ 8:00 next day  
Sundays, Holidays, and year-end/New Year holidays: 9:00 ~ 8:00 next day

### 4. Illness or Toothaches on Holidays: contact Holiday Clinic at 04-7187-7020

(1) Dentist: 9:00 ~ 11:30 (2) Internal Medicine & Pediatrician: 9:00 ~ 11:30, 13:00 ~ 16:30

Note: Holidays: Sundays, national holidays, year-end/New Year holidays

Please do not hesitate to call for an ambulance in case of serious injury or acute illness.

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